



THE MODEL

DRUG AND SUBSTANCE USE  **#Hopeline**
0800 611 197 or 0800 467 647



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CITY OF
TSHWANE
IGNITING EXCELLENCE

COMMUNITY ORIENTED PRIMARY CARE



Disease Centered



Person Centered



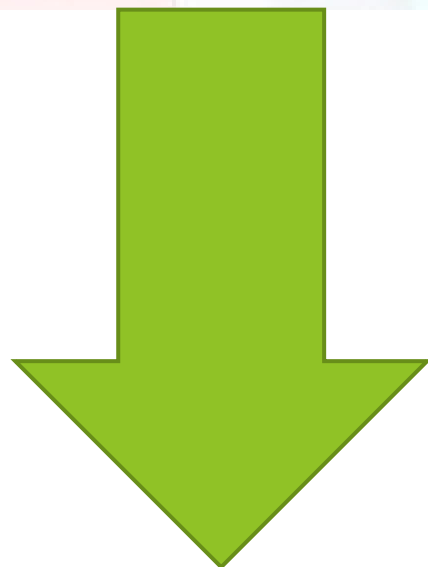
Community-Oriented

COMMUNITY ORIENTED PRIMARY CARE

Public Health

Clinical Care





COMMUNITY ORIENTATED SUBSTANCE USE PROGRAMME



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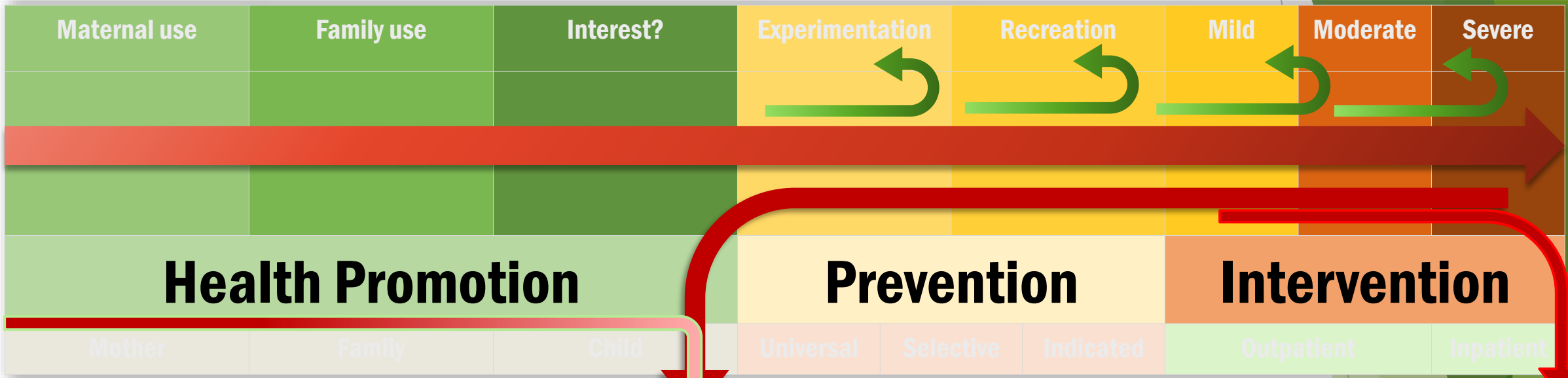
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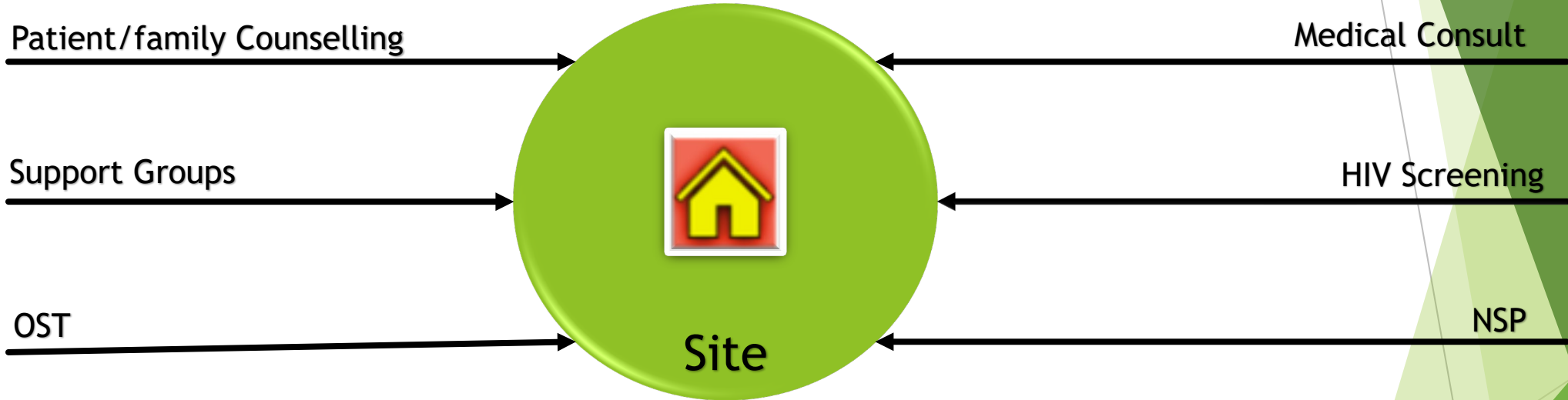
CITY OF
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Continuum of Care

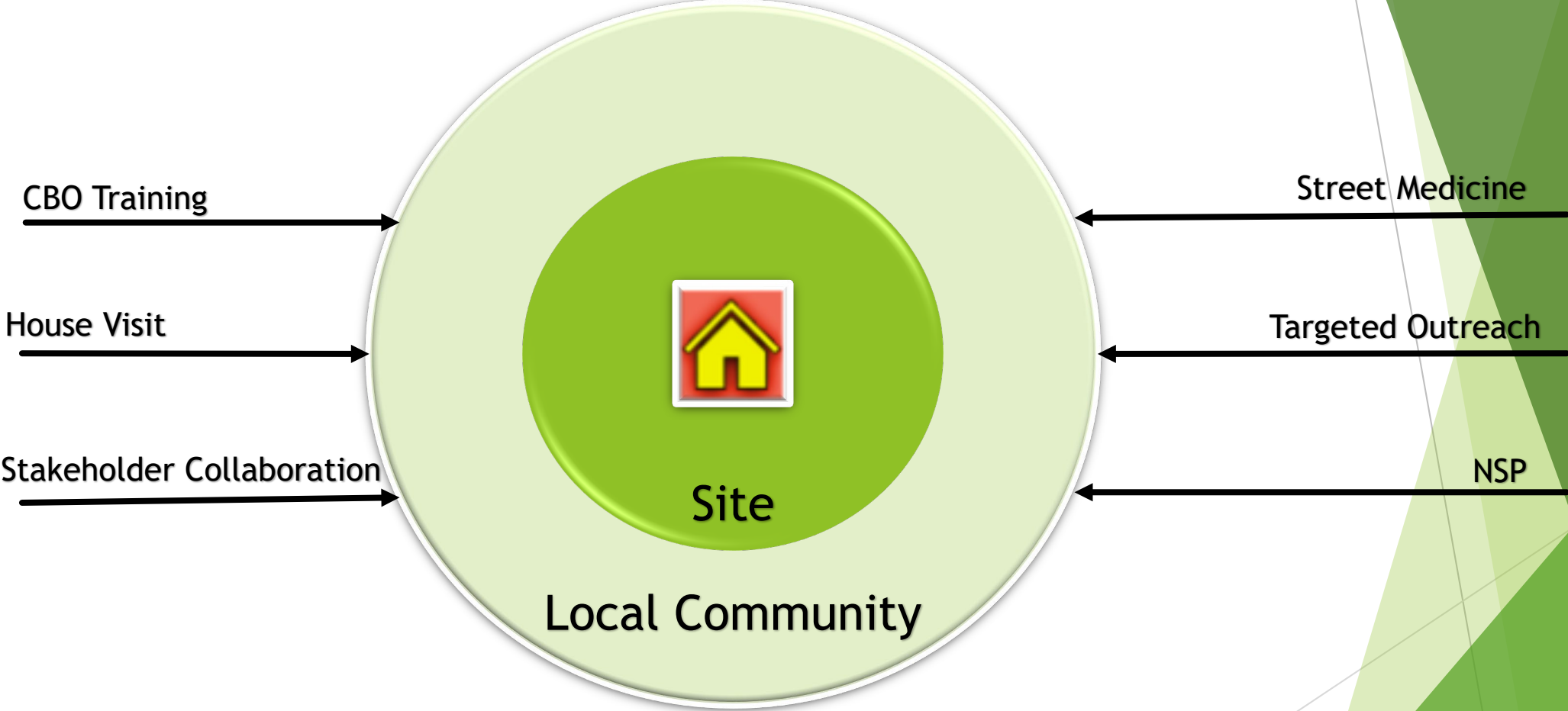


- Food Security
- Retention in Perinatal Process
- Bonding at birth [NAS] management]
- First 1000 Days
- Home visits
- Strengthening Families
- Harm Reduction Approach
- Good Behaviour Game
- Encourage Social Inclusion
- HARM REDUCTION**
Philosophy informs interventions
- Early risk detection in home
- In home screening
- Referral to community resources
- Brief Interventions as part of primary health
- Community Reinforcement Approach
- Screening, Brief interventions' and refer
- Full Assessment
- Referral to specialist services
- Treat comorbidities
- Specialist Harm Reduction
eg Needles & Syringes, OST

SERVICE



SERVICE



SERVICE



Peer
Educator

Information
Manager

Care
Coordinator



Medical
Doctor

Social
Worker

Clinical
Associate

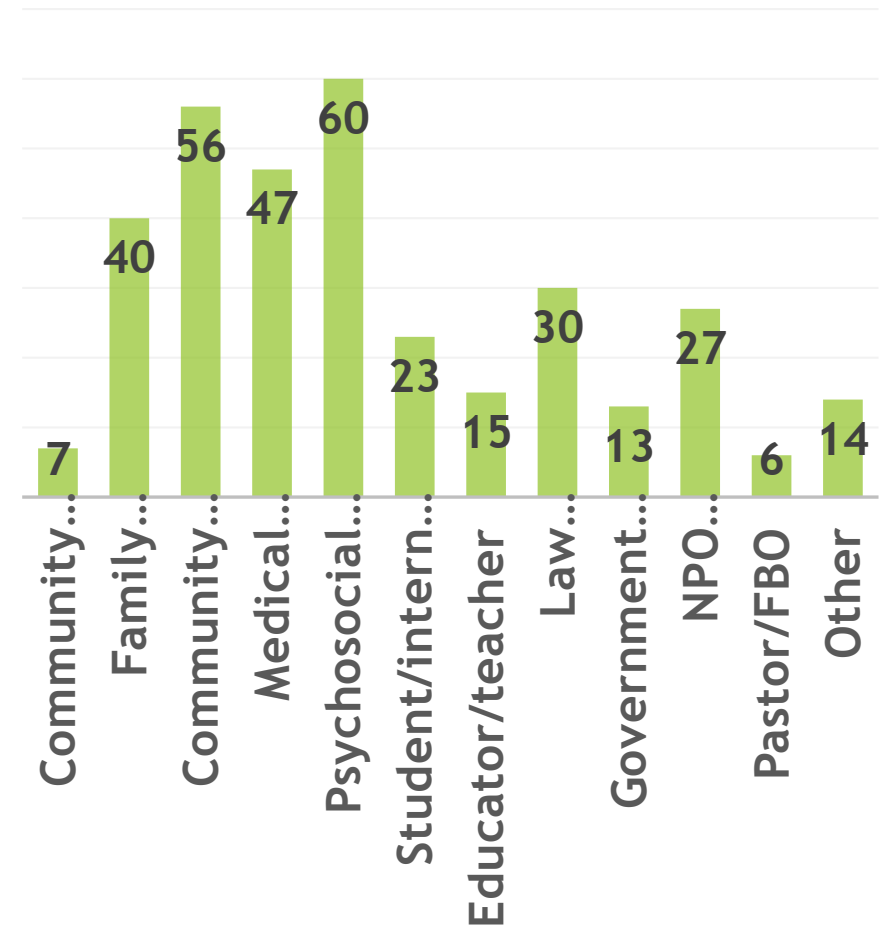
Successes/Impact of COSUP

1. Changing Substance Users' Lives In The City of Tshwane

A Study of Stakeholders' Perspectives on The Community Oriented Substance Use Programme (COSUP) -Andrew Scheibe, Likwa Ncube, Tessa S. Marcus, Dimakatso Nonyane.

- ▶ 370 people approached (community stakeholders where COSUP is based)
- ▶ 363 consented, 7 declined, 25 excluded as not familiar with COSUP
- ▶ **Results** = responses from 338 participants

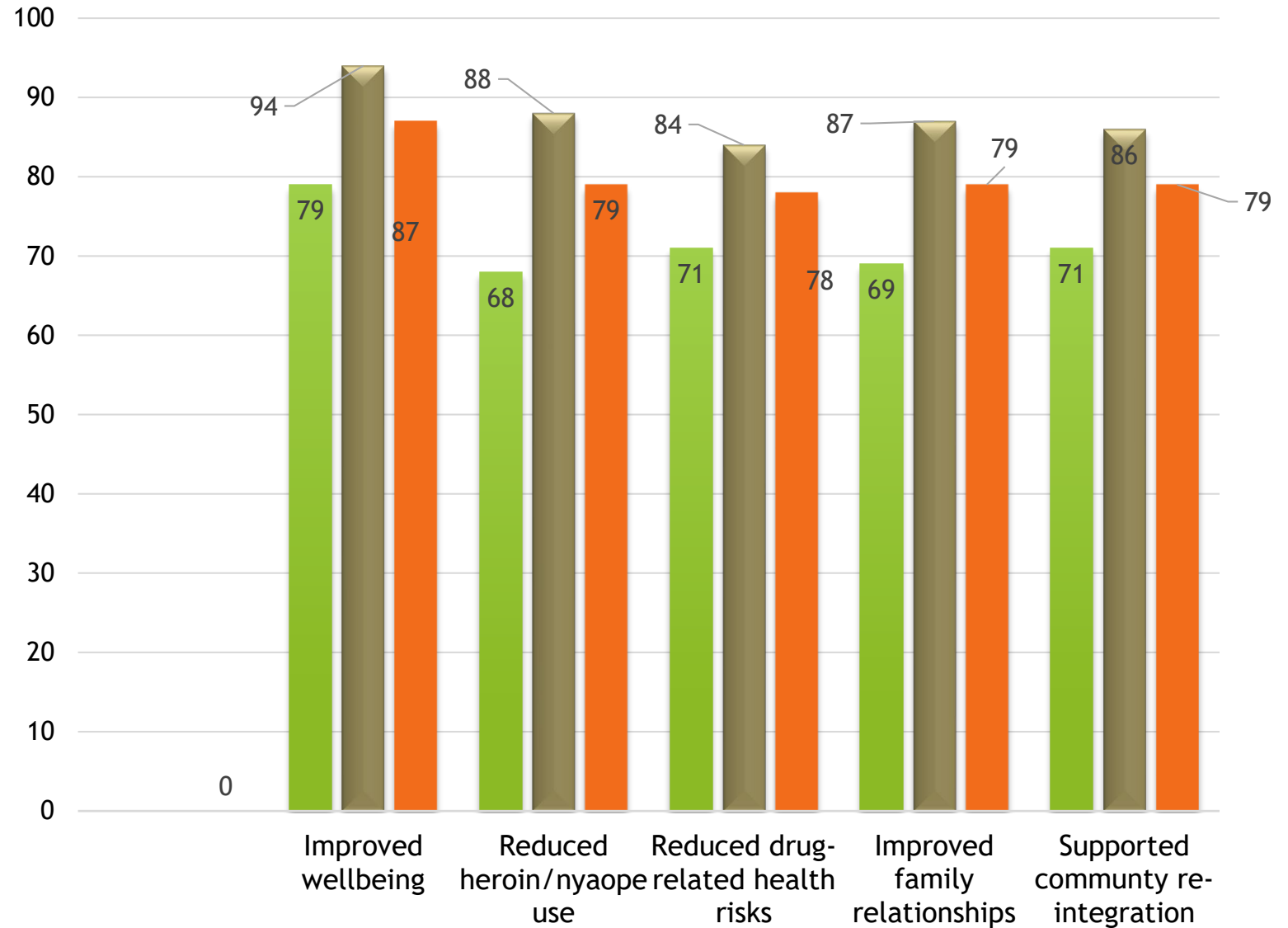
Respondents' Occupation/Role





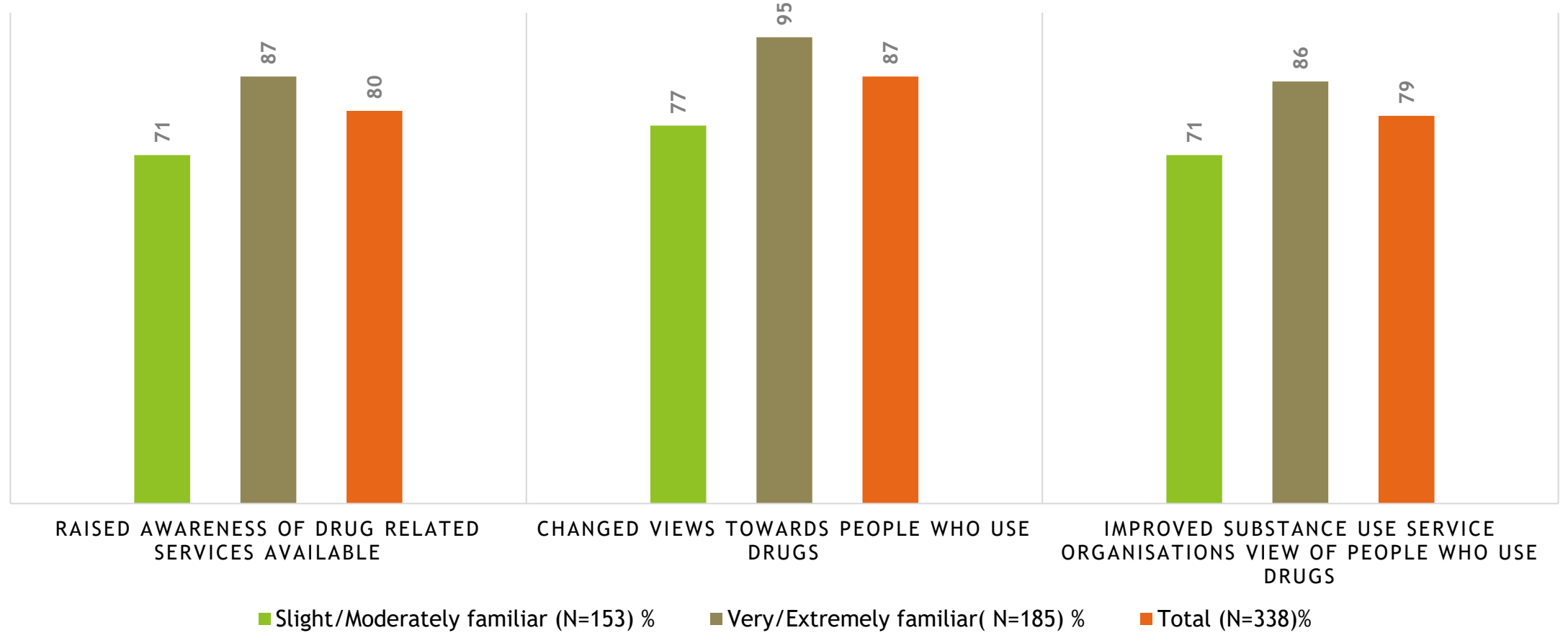
INFLUENCE OF COSUP ON CLIENT HEALTH & WELLBEING

- Slight/Moderately familiar N=153
- Very/Extremely familiar N=185
- Total N=338





Awareness of available services and attitudes towards people who use drugs



IMPACT OF COSUP

COSUP helped service users to reduce or stop the use of drugs

A general improvement in their lives, a sense of hope

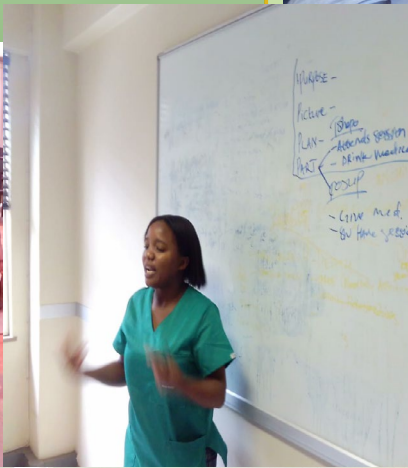
Improvements in relationships with family and the community, regaining trust

Positive difference of no longer being homeless

Positive changes resulted in being able to achieve certain goals, as well as look for work and find work.

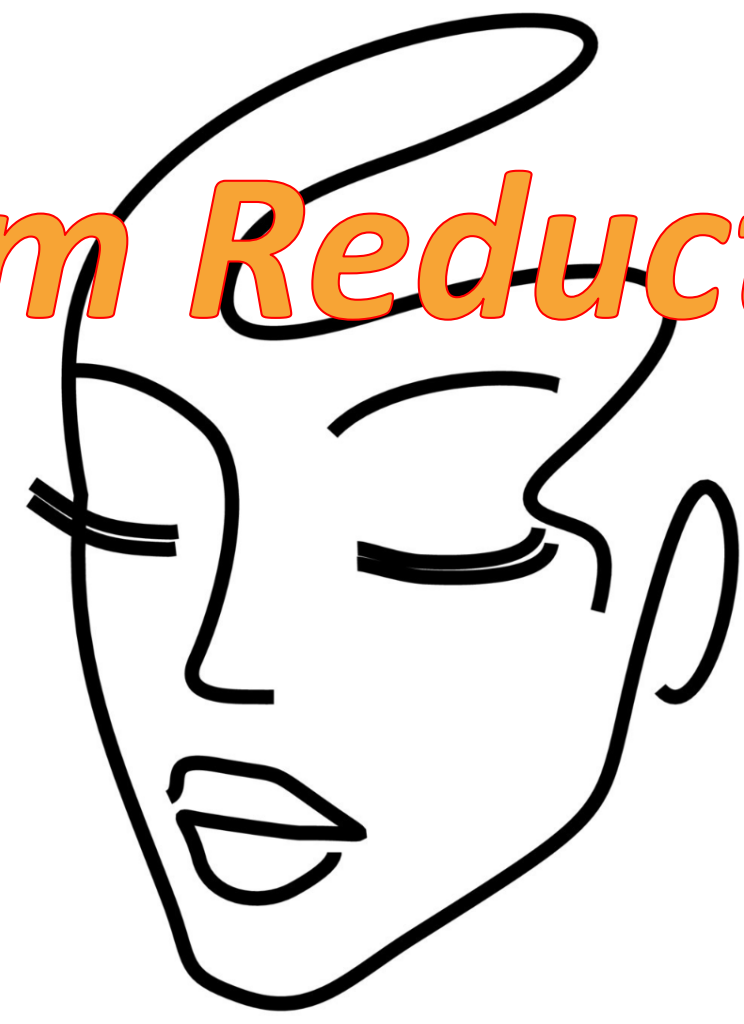
Crucial that all services continue, because group therapy and skills development were stopped during lockdown.

Concerns about work reinforces the challenge of sustaining livelihoods in an environment of extremely high unemployment rates.



her.

Harm Reduction



Thank you

