Global status of hepatitis B and C infections among people who use drugs and key WHO recommendations

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Hepatitis B and C burden, incidence and mortality by WHO region, 2021

Global Burden Hepatitis B - 296 m Hepatitis C - 58 m

New data on incidence, prevalence

- 3.0 million new HCV & HBV infections
- 1.1 million HCV & HBV deaths with initial signs of HCV declines (290,000 deaths)
- Achieved <5 yr HepB prevalence SDG 2020 targets and GHSS goals





WHO REGIONS

African Region

European Region

Not applicable

Region of the Americas

South-East Asia Region

Western Pacific Region

Eastern Mediterranean Region

Hepatitis **B** $[5\ 100-26\ 000]$ Deaths: 15 000 [8 500-23 000] Hepatitis C Deaths: 31 000 [19 000-84 000]

REGION OF THE AMERICAS New infections: 10 000 New infections: 67 000 $[63\ 000 - 73\ 000]$

EUROPEAN REGION Hepatitis B New infections: 19 000 [9 400-38 000] Deaths: 43 000 [34 000-51 000] Hepatitis C New infections: 300 000 [240 000-320 000] Deaths: 64 000 [39 000-72 000]

WESTERN PACIFIC REGION

Hepatitis B New infections: 140 000 [96 000-210 000] Deaths: 470 000 $[200\ 000 - 490\ 000]$ Hepatitis C New infections: 230 000 [220 000-260 000] Deaths: 77 000 [77 000-140 000]



AFRICAN REGION

Hepatitis B New infections: 990 000 [660 000-1 600 000] Deaths: 80 000 [47 000-110 000] Hepatitis C New infections: 210 000 [150 000-370 000] Deaths: 45 000 [23 000-72 000]

EASTERN MEDITERRANEAN REGION

Hepatitis B New infections: 100 000 $[79\ 000 - 140\ 000]$ Deaths: 33 000 [26 000-60 000] Hepatitis C New infections: 470 000 $[240\ 000 - 520\ 000]$ Deaths: 31 000 [31 000-74 000]

SOUTH-EAST ASIA REGION

Hepatitis **B**

New infections: 260 000 [180 000-590 000] Deaths: 180 000 [140 000-300 000] Hepatitis C New infections: 230 000 [200 000-430 000] Deaths: 38 000 [37 000-130 000]

HCV and HBV prevalence in PWID



Source: World Drug Report 2022 https://www.unodc.org/unodc/en/data-and-analysis/world-drugreport-2022.html

World Drug Report: in 2021, 1 in 2 people who inject drugs living with hepatitis C

THE LANCET Global Health

ARTICLES | ONLINE FIRST

Epidemiology of injecting drug use, prevalence of injecting-related harm, and exposure to behavioural and environmental risks among people who inject drugs: a systematic review

 Prof Louisa Degenhardt, PhD
 Paige Webb, BPsych[Hons]
 Samantha Colledge-Frisby, PhD

 Jeremy Ireland, MPH
 Alice Wheeler, BPsych[Hons]
 Sophie Ottaviano, MPH
 et al.

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Degenhardt et al. estimate that globally in people who inject drugs:

- 1:6 living with HIV
- 4:10 currently have hepatitis C infection
- 1:12 have chronic hepatitis B infection with large regional variations



Recommended package for people who inject drugs

Consolidated guidelines on HIV, viral hepatitis and STI prevention, diagnosis, treatment and care for key populations



Recommended package of interventions for HIV, viral hepatitis and STI prevention, diagnosis, treatment and care for people who inject drugs Policy brief



https://www.who.int/publications/i/item/9789240071858

These interventions are not in order of priority.

Essential for impact: enabling interventions

Removing punitive laws, policies and practices

Reducing stigma and discrimination

Community empowerment

Addressing violence

Essential for impact: health interventions

Prevention of HIV, viral hepatitis and STIs

Harm reduction (NSPs, OAMT and naloxone for overdose management)

Condoms and lubricant

Pre-exposure prophylaxis for HIV24

Post-exposure prophylaxis for HIV and STIs

Prevention of vertical transmission of HIV, syphilis and HBV

Hepatitis B vaccination

Addressing chemsex

Diagnosis

HIV testing

STI testing

Hepatitis B and C testing

Treatment

HIV treatment

Screening, diagnosis, treatment and prevention of HIV associated TB

STI treatment

HBV and HCV treatment

Essential for broader health: health interventions

Conception and pregnancy care

Contraception

Mental health

Prevention, assessment and treatment of cervical cancer

Safe abortion

Screening and treatment for hazardous and harmful alcohol and other substance use

TB prevention, screening, diagnosis and treatment

New HCV-related recommendations:

×	
New GRAD	E
recommen	datior

People at ongoing risk and a history of treatment-induced or spontaneous clearance of HCV infection may be offered 3–6-monthly testing for presence of HCV viremia (*conditional recommendation, very low certainty of evidence*).

Pan-genotypic DAA-HCV treatment should be offered without of people with recently acquired HCV infection and engoing risk (
	people with recently acquired HCV infection and ongoing risk (strong
New GRADE	recommendation, very low certainty of evidence).
recommendation	Further details on evidence, decision-making, implementation

Moving HCV testing and treatment out of specialist clinics

Decentralization

We recommend delivery of HCV testing and treatment at peripheral health or community-based facilities, and ideally at the same site, to increase access to diagnosis, care and treatment. These facilities may include primary care, harm reduction sites, prisons and HIV/ART clinics as well as community-based organizations and outreach services.

Integration

We recommend integration of HCV testing and treatment with existing care services at peripheral health facilities. These services may include primary care, harm reduction (needle and syringe programme / opioid agonist maintenance therapy sites), prisons and HIV/ART services.

Task-sharing

We recommend delivery of HCV **testing**, **care and treatment** by **trained nonspecialist doctors and nurses** to expand access to diagnosis, care and treatment.



What is required to achieve the WHO's HCV elimination targets in countries with <u>concentrated epidemics</u>?

Impact of current and scaled-up levels of hepatitis C prevention and treatment interventions for people who inject drugs in three UK settings—what is required to achieve the WHO's HCV elimination targets?

Scaling up prevention and treatment towards the elimination of hepatitis C: a global mathematical model

Alastair Heffernan, Graham S Cooke, Shevanthi Nayagam, Mark Thursz, Timothy B Hallett

Scaling up high-coverage needle and syringe provision + opioid substitution therapy + effective HCV treatment would reduce the incidence of HCV infection by 90% by 2030.

Ward Z et al. Impact of current and scaled-up levels of hepatitis C prevention and treatment interventions for people who inject drugs in three UK settings – what is required to achieve the WHO's HCV elimination targets? Addiction, Sep 2018

By 2030, interventions that reduce risk of transmission in non-PWID by 80% and increase coverage of harm reduction services to 40% of PWID could avert 14·1 million (95% credible interval 13·0–15·2) new infections.

Heffernan A, Cooke GS, Nayagam S, Thursz M, Hallett TB. Scaling up prevention and treatment towards the elimination of hepatitis C: a global mathematical model. Lancet (London, England). 2019.

3 key messages

- **1. Elimination of hepatitis will not be achievable** without prioritizing people who inject drugs
- 2. Combining needle and syringe provision + opioid substitution therapy + effective HCV treatment would reduce the incidence of HCV infection in people who inject drugs by 90% by 2030
- **3. Decentralization and integration of hepatitis services**, especially with the harm reduction services, can increase the uptake, linkage to care, and success of hepatitis C treatment among people who inject drugs

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